

GOAL SHEET - Beginning Band Q1

TUESDAY

	Goal	Results	Time	Practicing Strategies Used
Rhythm Ex.				
Note Reading				
Fingering				
Mpc/Sticking				
TOTAL MINUTES				Parents Initials: _____

WEDNESDAY

	Goal	Results	Time	Practicing Strategies Used
Rhythm Ex.				
Note Reading				
Fingering				
Mpc/Sticking				
TOTAL MINUTES				Parents Initials: _____

THURSDAY

	Goal	Results	Time	Practicing Strategies Used
Rhythm Ex.				
Note Reading				
Fingering				
Mpc/Sticking				
TOTAL MINUTES				Parents Initials: _____

GOAL SHEET INSTRUCTIONS

1. Create a plan each day for what and HOW you will practice.
2. Use your metronome, tuner and other highly effective practicing tools/strategies. Your practicing should include a balance between exercises and performance music. This is IMPERATIVE for your success and long-term improvement.
3. Log the # of minutes practiced and get your parent initials for verification.
4. Goal sheets are due every Friday or at the next class meeting.

SCORING

- 16 points - 90 total minutes
- 8 points - 6 days of practice
- 8 points - use of Metronome, Tuner and Practicing Strategies
- 4 points - Weekly Reflections

The policy for late assignments applies to Goal Sheets. Goal sheets without total minutes for the week or missing parent initials will be graded as an incomplete.

WEEKLY REFLECTION

Total Minutes for the Week: _____

2 things I'm better at

1. _____
2. _____

3 Things that I still need improvement

1. _____
2. _____
3. _____

GOAL SHEET - Beginning Band Q1

FRIDAY				
	Goal	Results	Time	Practicing Strategies Used
Rhythm Ex.				
Note Reading				
Fingering				
Mpc/Sticking				
TOTAL MINUTES				Parents Initials:

SATURDAY				
	Goal	Results	Time	Practicing Strategies Used
Rhythm Ex.				
Note Reading				
Fingering				
Mpc/Sticking				
TOTAL MINUTES				Parents Initials:

SUNDAY				
	Goal	Results	Time	Practicing Strategies Used
Rhythm Ex.				
Note Reading				
Fingering				
Mpc/Sticking				
TOTAL MINUTES				Parents Initials:

MONDAY				
	Goal	Results	Time	Practicing Strategies Used
Rhythm Ex.				
Note Reading				
Fingering				
Mpc/Sticking				
TOTAL MINUTES				Parents Initials: