(awanana	koa Mid	dle Schoo	ol Band
GOAL SH	EET - B	eginning	Band

NAME:		
Week:	Due Date:	

Period:

	FRIDAY			
~ 	Specific section(s)	Met.		
200	I worked on	Mark	Practicing Strategies Used	
Exercise/ book (30-40%)				
(90-20%)			:	
Other Materials				
:	Total Minutes:		Parent Initials:	
CUNDAY				

	SATURDAY			
¥	Specific section(s)	Met.		
300	I worked on	Mark	Practicing Strategies Used	
Exercise/Book	870+ 0C)			
Performance Music				
Other Materials				
	Total Minutes:		Parent Initials:	

SUNDAY			
5	Specific section(s) I worked on	Met. Mark	Practicing Strategies Used
(30-40%)		IVIAIR	Fractioning Strategies Oseu
(60-70%)			
Other Materials			
	Total Minutes:		Parent Initials:

MONDAY			
7	Specific section(s)	Met.	
800	I worked on	Mark	Practicing Strategies Used
Exercise/Book (30-40%)			
Performance Music (60-70%)			
Other Materials	. *		
	Total Minutes:		Parent Initials:

Total Minutes:

NAME:		
\//eek·	Due Date:	

	TUESDAY			
5	Specific section(s) I worked on	Met.	Practicing Strategies Used	
(30-40%)		2		
(%02-09)				
Other Materials				

Parent Initials:

THURSDAY			
	Specific section(s)	Met.	
;	I worked on	Mark	Practicing Strategies Used
(30-40%)			
(%02-09)			
Other Materials			
	Total Minutes:		Parent Initials:

	WEDNESDAY			
	Specific section(s)	Met.		
00	l worked on	Mark	Practicing Strategies Used	
Exercise/Book (30-40%)				
Performance Music (60-70%)			-	
Other Materials				
	Total Minutes:		Parent Initials:	

WEEKLY Total Minutes for the Week:	REFLECTION
2 things 1	<u>I'm better at</u>
2	
3 Things that sti	Il need improvement
1	
3.	

GOAL SHEET INSTRUCTIONS

- 1. Create a plan each day for what and HOW you will practice.
- Use your metronome, tuner and other highly effective practicing tools/strategies. Your practicing should include a balance between exercises and performance music. This is IMPERATIVE for your success and long-term improvement.
- 3. Log the # of minutes practiced and get your parent initials for verification.
- 4. Goal sheets are due every Friday or at the next class meeting.SCORING TOTAL = 40 points

16 points - 90 total minutes

8 points - 6 days of practice

8 points - use of Metronome, Tuner and Practicing Strategies

4 points - Weekly Reflections

4 points - 30 Minutes in C101

The policy for late assignments applies to Goal Sheets. Goal sheets without total minutes for the week or missing parent initials will be graded as an incomplete.