awananakoa Middle School Band

OAL SHEET - Concert Band

NAME

Period: _____ Due Date: _____

EDIDAV					CATURDAY			
FRIDAY			SATURDAY					
	Specific section(s)			×	Specific section(s)	Met.		
_	I worked on	Mark	Practicing Strategies Used) Bod	l worked on	Mark	Practicing Strategies Used	
(30-40%)				Exercise/Book (30-40%)				
(90-20%)				Performance Music (60-70%)				
Uther Materials				Other Materials		1	· ~ · · · · · · · · · · · · · · · · · ·	
	Total Minutes:		Parent Initials:		Total Minutes:		Parent Initials:	
SUNDAY					MONDAY			
	Specific section(s)	Met.		×	Specific section(s)	Met.		
	I worked on	Mark	Practicing Strategies Used	00	I worked on	Mark	Practicing Strategies Used	
(30-40%)				Exercise/Book (30-40%)				
	······							
(60-70%)				Performance Music (60-70%)				
Other Materials (60-70%)				Other Materials (60-70%)				

Kawananakoa Middle School Band

GOAL SHEET - Concert Band

NAME: Week: Due Date: WEDNESDAY Specific section(s) Met. Exercise/Book I worked on Mark Practicing Strategies Used 30-40% Performance Music 60-70% **Other Materials Total Minutes:** Parent Initials: WEEKLY REFLECTION **Total Minutes for the Week:**

2 things I'm better at

<u>3 Things that still need improvement</u>

GOAL SHEET INSTRUCTIONS

1. 2.

2. 3.

Period:

Create a plan each day for what and HOW you will practice.
Use your metronome, tuner and other highly effective practicing tools/strategies. Your practicing should include a balance between exercises and performance music. This is IMPERATIVE for your success and long-term improvement.

3. Log the **#** of minutes practiced and get your parent initials for verification.

4. Goal sheets are due every Friday or at the next class meeting. SCORING TOTAL = 40 points

16 points - 180 total minutes

8 points - 6 days of practice

8 points - use of Metronome, Tuner and Practicing Strategies

4 points - Weekly Reflections

4 points - 30 Minutes in C101

The policy for late assignments applies to Goal Sheets. Goal sheets without total minutes for the week or missing parent initials will be graded as an incomplete.

	TUESDAY						
<u></u>	Specific section(s)	Met.					
00	l worked on	Mark	Practicing Strategies Used				
Exercise/Book (30-40%)							
Performance Music (60-70%)							
Other Materials							
	Total Minutes:		Parent Initials:				
THURSDAY							
Specific section(s) Mat							

	Specific section(s)	Met.	
ş	l worked on	Mark	Practicing Strategies Used
Exercise/Book (30-40%)			
Performance Music (60-70%)			
Other Materials			
	Total Minutes:		Parent Initials: